

<i>ORARI</i>	<i>Lunedì</i>	<i>Martedì</i>	<i>Mercoledì</i>	<i>Giovedì</i>	<i>Venerdì</i>	<i>Sabato</i>
9,00 – 10,00	<i>Ginn. Dolce Alessandro</i>		<i>Ginn. Dolce – Alessandro</i>		<i>Ginn. Dolce – Alessandro</i>	
9,30 – 10,30		<i>Funx Gym Francesca</i>		<i>Interval Tone Francesca</i>	<i>Step Tone - Manuela</i>	<i>Step Coreografico - Manuela</i>
10,00 -11,00	<i>Pilates -Alessandro Fit Gym –Manuela</i>		<i>Step Tone – Manuela Pilates - Alessandro</i>		<i>Pilates - Alessandro</i>	
10,30-11,30						
11,00 – 12,00	<i>SVC Program Antonella</i>	<i>Body Cumbia Alfredo</i>	<i>SVC Program Antonella</i>		<i>Body Cumbia Alfredo</i>	
12,00 – 13,00		<i>Circuit training - Marco</i>		<i>Interval Training - Marco</i>		
13,30 – 14,30	<i>Gag - Marianna</i>		<i>Total Body Marianna</i>		<i>Cardio Tone - Marianna</i>	
15,00 – 16,00	<i>Cardio Tone – Marianna</i>		<i>Gag – Marianna</i>		<i>Tone Up – Marianna</i>	
16,00 – 17,00	<i>GINN. DOLCE - RAFFAELE</i>		<i>GINN. DOLCE – RAFFAELE</i>		<i>GINN. DOLCE – RAFFAELE</i>	
17,00 – 18,00	<i>ZUMBA - LUIGI</i>		<i>ZUMBA - LUIGI</i>		<i>ZUMBA - LUIGI</i>	
18,00 – 19,00	<i>Aereo step Raffaele Pilates Irene</i>	<i>Interval Tone Francesca</i>	<i>Step coreografico Francesca Pilates Irene</i>	<i>Total Body Francesca</i>	<i>Step coreografico Francesca Pilates Irene</i>	
19,00 – 20,00	<i>Cardio Fitness Raffaele</i>	<i>Functional Circuit Francesca</i>	<i>Military Fit Marco</i>	<i>Functional Circuit Francesca</i>	<i>Military Fit Marco</i>	
20,00 – 21,00	<i>Body Cumbia Alfredo</i>	<i>Zumba - Elisabetta</i>		<i>Body Cumbia Alfredo</i>	<i>Zumba - Elisabetta</i>	